

## About me

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My name is Rishi S. Vlote and I am from Germany. I am a musician with more than 25 years of experience in the field of meditation and healing. I play drums, percussions, various string instruments, Tibetan bowls and sing. During my travels to India I became acquainted with the incredible vibrational qualities of the eastern instruments, which are designed to create an abundance of overtones. Besides their meditative qualities I soon recognized the healing aspects of these overtones and started to experiment in concerts and individual sessions to find that many people have a strong positive response when I apply sounds and vibrations to them.



[www.callofdrums.com/](http://www.callofdrums.com/)



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## Touch the Sounds – The Call of the Drums

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These are a number of activities and events that are presented in detail on my website [callofdrums.com](http://callofdrums.com) and in separate brochures.

- Facilitated Drum Circles
- Drum/Percussion concerts
- Shamanic workshops
- Concerts with the band „MANTRANCE“

You also find the Edutainment Series, where I offer the possibility to explore, and listen to a variety of rare instruments from all over the world – combined with a drumming circle – for a direct musical experience. Designed for children, adolescent and adults...

## Music on CD



I produced many of Cd's with music for dancing, listening, meditating. Here is a selection of what is available in shops and on the internet:

By Rishi & Harshil:

**Forget Your Limitations**  
*A TranceDance Journey*

**Shaman's Return**  
*A Shaman's Healing Meditation*

By Rishi:

**TranceFormation**  
*Inner Movie Music*

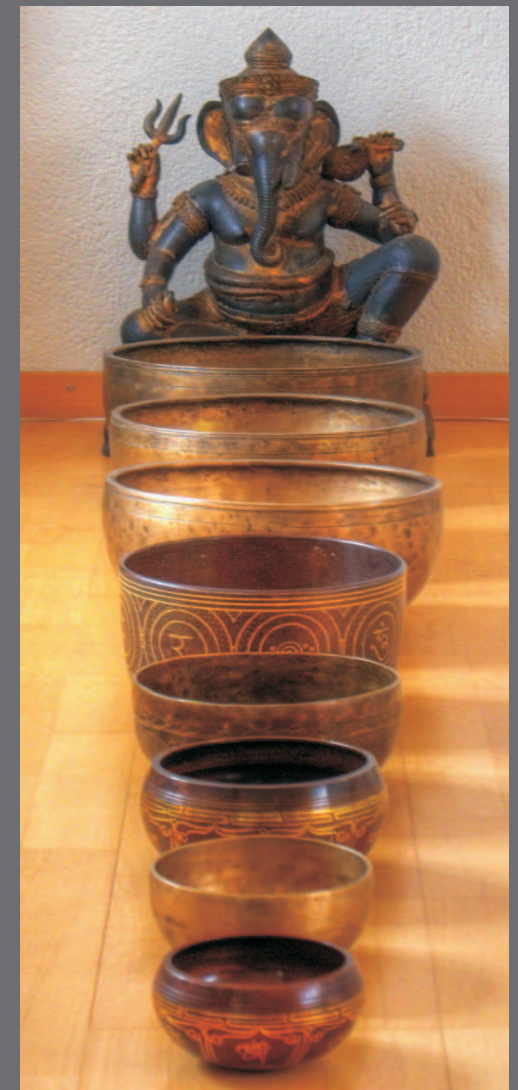
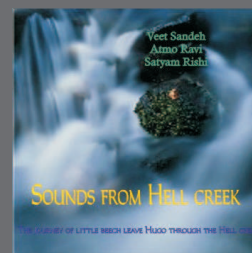
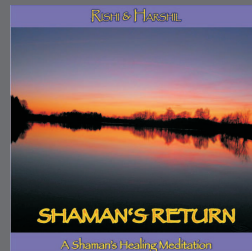
By VeetSandeh, AtmoRavi, Rishi:

**Sounds from Hellcreek**  
*Soft and gentle soundspheres*

By Hamsafar:

**Lifeprints**  
*Melodic groovy Dance World Music-*

**to listen and buy**  
[www.callofdrums.com](http://www.callofdrums.com)  
[iTunes.com](http://iTunes.com) or [CD-Baby.com](http://CD-Baby.com)  
or find us on Facebook:  
[Transformation.SV](http://Transformation.SV)



## HEALING SOUND MASSAGE

Vibration, Resonance  
Rebalancing, Centering

Rishi S. Vlote

## Individual Sessions

### Individual Sessions

Healing Sound Massage (HSM) is an ancient practice which has become very popular these days. The origins are dating back thousands of years to Tibet and Nepal.

HSM uses sound frequencies of special instruments to bring body, mind and spirit back into alignment. Vibration, resonance, relaxation and harmony are the key terms of a Healing Sound Massage, providing for you a soft, soothing space to calm down, relax and regain a state of wholeness.

Sound waves or –vibrations are applied directly to the body or in close distance, using specially designed instruments like sound bowls, gongs, bells, monochord – which produce an abundance of overtones and bring our whole system in resonance and harmony, helping to unwind, creating a calm, relaxed state of mind.

Sound healing is especially effective for stress relieve, burnout syndrome, all kind of physical tensions as well as sleeping disorder and lack of concentration. Besides it is simply a pleasure and deeply relaxing to support your well-being.



## How does it work

### How does it work

Our whole universe is based on waves, vibrations, frequencies. If there is disharmony, the system becomes weak and dysfunctional. The multi-layered vibrations of the instruments are designed to harmonise and create a state of well-being through resonance, retuning our entire being through the treatment of body, mind and spirit, creating an atmosphere of relaxation and harmony on all levels through the qualities of vibration, resonance and harmony – in other words:

You feel "In Tune"



After a short talk about your issues and goals you can lay down on a special couch in our Healing Sound Studio. I recommend to wear soft, comfortable clothes. I provide sufficient blankets to keep you warm. At times I will place some instruments directly on your body and/or in close distance, so the vibrations will resonate on and around you. I suggest to plan sufficient time after the session, before you re-engage in other activities, to receive to most from your session. A session lasts 60 min. (incl .talk and quiet integration time).

## Sound Healing Events

### Sound Healing Events

The Sound Healing Journey is a public healing sound event, where I invite the participants to relax, listen and to open their senses to allow the sound waves of the instruments and voices to enter not only through the ears but through the whole body to ascend into a healing sphere.



Spontaneous, in the moment created music brings the participant into the Here & Now. The specially designed instruments and my voice generate rich, clear, sound waves, building a bridge between the listener and the inner world.

The harmonic overtones of the instruments work on many energetic levels, creating stimulating vibrations of whole-ness – effortlessly opening the receptiveness to understanding, guidance and healing. The Healing Sound Journey is a simple, relaxing, unintrusive way to experience the power and potential of energetic healing.

### Real Instruments - Live Music

The quality of soundwaves of real instruments are completely different from digital recordings and samples, which are altered, shaped and many times converted and deteriorated, or even data reduced formats like MP3, ACC and the like. For healing purposes there is nothing like „the real thing“!